

# GAMEDAY

Saint Mary's University • Cardinal Athletics

## 1 down, 1 to go as SMU looks for sweep

SATURDAY, OCTOBER 16, 2004 • 3 P.M.

Today's Ticket: Saint Mary's vs. Augsburg

SEC. ROW SEAT



### • THE RECORDS:

Saint Mary's:  
(6-2 MIAC, 18-5 Overall)

Augsburg:  
(1-7 MIAC, 9-12 Overall)

• **LAST ACTION:** The Cardinals won their fifth straight on Friday, beating Bethel 3-1. ... Augsburg, meanwhile, dropped a five-game match to St. Catherine on Friday.

• **LAST MEETING:** Tracy Koertgen delivered a

match-high 11 kills as the Cardinals rolled to a 3-0 win over the Auggies on Oct. 18, 2003.

• **CARDINAL GAME NOTES:** The Cardinals' 3-1 win vs. Bethel snapped a seven-match losing streak to the Royals dating back to the 2000 season. ... Ashley Dingels collected a match-high 21 kills vs. the Royals, extending her streak of 10 of more kills to eight straight matches. ... Tessa Stranik finished with 55 assists vs. Bethel and moved the SMU senior past the 1,000-assist mark for the second straight season. ... SMU's current five-match winning streak equals its season high.

### • AUGGIE GAME NOTES:

Augsburg's loss to St. Catherine was its second straight. ... Six of the Auggies' nine wins have come on the road. ... The Auggies have lost their last six matches vs. SMU, dating back to a 3-2 win on Sept. 30, 1998. ... Linnea Evans had a career-high 22 kills vs. St. Catherine Friday.



WINONA, Minn. — Saint Mary's University volleyball coach Mike Lester is probably hoping that history really does have a way of repeating itself.

Heading into Friday's Minnesota Intercollegiate Athletic Conference match against Bethel, the Cardinals had not beaten the Royals since the 2000 season — when a 3-2 decision in the semifinals of the MIAC Tournament helped propel the Cardinals to their first-ever NCAA Division III national tournament appearance.

Friday evening, the Cardinals snapped that seven-match winless streak against the Royals in impressive fashion, putting together a near-perfect performance en route to a 3-1 (30-24, 22-30, 30-17, 30-19) decision.

"We played very, very well," understated Lester, whose team hit .324 as a team — collecting 61 kills with just 14 errors in winning for the fifth straight time.

"You've got to give Lisa (Engdahl) and Kirstan (Rouzer) a lot of credit, they passed the ball extremely well, and when we pass well, we're tough to beat.

"I thought we played a very solid first game, but let down a bit in the second, and that let Bethel right back in the match," continued Lester, who got a match-high 21 kills from Ashley Dingels, while Engdahl chipped in 15 and Megan Roesler added 11. "But we were able to regroup and turn things around in the third and fourth games. Those two games were fun to watch."

Yet, as impressive as the Cardinals' performance was, their work for the weekend is only half done.

"When you have two home meets back-to-back like this, it's very important to come away with two wins," said Lester, whose team plays host to Augsburg today. "Everyone on this team knows that (the Bethel) match is only half the battle. We've got to come out with the same intensity (today) — nothing less will do."

### AROUND THE MIAC

Through Friday, Oct. 15

| Team          | MIAC | Overall |
|---------------|------|---------|
| Carleton      | 7-1  | 19-2    |
| Concordia     | 7-1  | 19-2    |
| St. Benedict  | 7-2  | 14-2    |
| St. Thomas    | 7-2  | 13-10   |
| Saint Mary's  | 6-2  | 18-5    |
| Gustavus      | 5-3  | 18-6    |
| Macalester    | 4-4  | 9-14    |
| St. Olaf      | 2-6  | 7-16    |
| Bethel        | 2-7  | 7-16    |
| Augsburg      | 1-7  | 9-12    |
| St. Catherine | 1-7  | 3-22    |
| Hamline       | 0-8  | 8-12    |

### Friday's Results

Carleton 3, Concordia 2  
Saint Mary's 3, Bethel 1  
St. Thomas 3, St. Olaf 1  
St. Catherine 3, Augsburg 2  
Macalester 3, Hamline 0

### Today's Matches

Concordia at Gustavus  
St. Catherine at Macalester  
Hamline at St. Olaf  
Augsburg at Saint Mary's

### Wednesday's Matches

Concordia at St. Thomas  
Carleton at Saint Mary's  
Macalester at St. Benedict  
St. Catherine at St. Olaf  
Bethel at Augsburg  
Gustavus at Hamline

### IN THE SPOTLIGHT: Ashley Dingels



#4

**The Vitals**  
Senior • Middle Hitter  
Gibbon, Minn.

### 2004 Overall Statistics

| Kills | Acas | Digs | Blks |
|-------|------|------|------|
| 334   | 15   | 73   | 77   |

**From Coach Lester:** "Ashley is one of the top middle hitters in the Central Region, and is often the focus of our opponent's match preparation. When she is on, it opens things up for our entire offense."

### UP NEXT



Saint Mary's  
vs. Carleton

Wed., Oct. 20 • 7:30 p.m.

SMU Gym

# Saint Mary's Cardinals

| No. | Name              | Yr. | Pos. | Ht.  | Hometown / High School                 |
|-----|-------------------|-----|------|------|--|
| 1   | Desiree Larson    | Jr. | L    | 5-6  | Blaine, Minn. / Centennial             |
| 2   | Katie King        | So. | RS   | 5-9  | Arlington Heights, Ill. / St. Viator   |
| 3   | Kristan Rouzer    | Sr. | OH   | 5-9  | Comstock, Wis. / Turtle Lake           |
| 4   | Ashley Dingels    | Sr. | MH   | 5-10 | Gibbon, Minn. / G-F-W                  |
| 5   | Becky Baron       | Fr. | OH   | 5-9  | Rapid River, Mich. / Mid Peninsula     |
| 6   | Lisa Engdahl      | Jr. | OH   | 5-6  | North Branch, Minn. / North Branch     |
| 7   | Ashley Wendlandt  | Fr. | MH   | 6-0  | Litchfield, Minn. / Litchfield         |
| 8   | Megan Roesler     | So. | MH   | 5-11 | St. Paul, Minn. / Cretin-Derham Hall   |
| 9   | Stacy Pearce      | So. | S    | 5-5  | Blaine, Minn. / Spring Lake Park       |
| 10  | Michelle Mino     | Jr. | S    | 5-6  | Austin, Minn. / Lyle-Pacelli           |
| 11  | Mollie Melton     | Sr. | MH   | 5-10 | Oronoco, Minn. / Pine Island           |
| 12  | Beth Schubert     | Jr. | RS   | 5-10 | Naperville, Ill. / Benet Academy       |
| 13  | Katie Christensen | Sr. | MH   | 5-10 | Crystal Lake, Ill. / South             |
| 14  | Tracy Koertgen    | Sr. | RS   | 5-10 | Crystal Lake, Ill. / South             |
| 15  | Ashley Norris     | Fr. | OH   | 5-10 | Calumet City, Ill. / Seton Academy     |
| 16  | Jessica Voight    | Jr. | OH/L | 5-8  | Caledonia, Minn. / Caledonia           |
| 17  | Aleta VanZinderen | Fr. | OH   | 5-8  | Hill City, Minn. / Hill City           |
| 18  | Stephanie Berent  | Jr. | L    | 5-5  | Chicago, Ill. / Fenwick                |
| 19  | Ashley Karl       | So. | L    | 5-5  | Auburndale, Wis. / Auburndale          |
| 20  | Tessa Stranik     | Sr. | S    | 5-5  | Eatonville, Wash. / Eatonville         |
| 21  | Rachel Rivers     | Jr. | OH   | 5-9  | Apple Valley, Minn. / Apple Valley     |
| 22  | Molli Dant        | So. | OH   | 5-10 | Forest City, Iowa / Forest City        |
| 23  | Kaylene Mrozinski | So. | L    | 5-5  | North St. Paul, Minn. / North St. Paul |
| 24  | Amy Benz          | Jr. | MH   | 5-9  | Oskosh, Wis. / Lourdes                 |

Head coach: Mike Lester (7th season)

Assistants: Jamie Bunt, Jackie Laumb

## Cardinal Leaders

Overall Statistics  
Through Friday, Oct. 15, 2004

| #                   | Player            | GP        | K           | K/Gm         | Pct.        | A           | SA         | Dig         | Blk        |
|---------------------|-------------------|-----------|-------------|--------------|-------------|-------------|------------|-------------|------------|
| 2                   | Katie King        | 2         | 1           | 0.50         | .500        | 1           | 0          | 0           | 0          |
| 11                  | Mollie Melton     | 39        | 17          | 0.44         | .400        | 1           | 12         | 32          | 6          |
| 4                   | Ashley Dingels    | 80        | 334         | 4.18         | .358        | 7           | 15         | 73          | 77         |
| 8                   | Megan Roesler     | 78        | 196         | 2.51         | .354        | 15          | 6          | 46          | 58         |
| 9                   | Stacy Pearce      | 12        | 1           | 0.08         | .250        | 12          | 0          | 11          | 0          |
| 12                  | Beth Schubert     | 18        | 20          | 1.11         | .221        | 9           | 4          | 26          | 10         |
| 20                  | Tessa Stranik     | 83        | 51          | 0.61         | .206        | 1009        | 26         | 242         | 29         |
| 6                   | Lisa Engdahl      | 62        | 158         | 2.55         | .196        | 4           | 6          | 179         | 10         |
| 14                  | Tracy Koertgen    | 71        | 141         | 1.99         | .190        | 49          | 37         | 177         | 33         |
| 3                   | Kristan Rouzer    | 81        | 244         | 3.01         | .177        | 11          | 33         | 311         | 24         |
| 22                  | Molli Dant        | 36        | 70          | 1.94         | .177        | 6           | 10         | 61          | 6          |
| 13                  | Katie Christensen | 77        | 15          | 0.19         | .136        | 1           | 45         | 50          | 7          |
| 21                  | Rachel Rivers     | 16        | 21          | 1.31         | .095        | 1           | 4          | 48          | 1          |
| 7                   | Ashley Wendlandt  | 4         | 0           | 0.00         | .000        | 0           | 0          | 0           | 0          |
| 10                  | Michelle Mino     | 2         | 0           | 0.00         | .000        | 0           | 0          | 0           | 0          |
| 23                  | Kaylene Mrozinski | 1         | 0           | 0.00         | .000        | 0           | 0          | 0           | 0          |
| 1                   | Desiree Larson    | 78        | 2           | 0.03         | -.111       | 8           | 0          | 367         | 0          |
| 19                  | Ashley Karl       | 5         | 0           | 0.00         | -1.000      | 0           | 0          | 20          | 0          |
| <b>Saint Mary's</b> |                   | <b>84</b> | <b>1271</b> | <b>15.13</b> | <b>.241</b> | <b>1134</b> | <b>198</b> | <b>1643</b> | <b>160</b> |

| Date        | Opponent              | Time   | Date       | Opponent                  | Time   |
|-------------|-----------------------|--------|------------|---------------------------|--------|
| Sept. 1     | Luther                | W, 3-0 | Oct. 6     | at St. Olaf               | W, 3-0 |
| Sept. 3-4   | River City Classic    |        | Oct. 8-9   | Border Battle             |        |
| Sept. 3     | Clarke                | W, 3-0 | Oct. 8     | Central                   | L, 3-2 |
| Sept. 3     | Coe                   | W, 3-0 | Oct. 8     | Wartburg                  | W, 3-1 |
| Sept. 4     | Dubuque               | W, 3-0 | Oct. 9     | Loras                     | W, 3-0 |
| Sept. 4     | NE Wesleyan           | W, 3-2 | Oct. 9     | Simpson                   | W, 3-0 |
| Sept. 8     | at La Crosse          | L, 3-0 | Oct. 13    | at Macalester             | W, 3-2 |
| Sept. 10-11 | SMU SugarLoaf Classic |        | Oct. 15    | Bethel                    | W, 3-1 |
| Sept. 10    | Stevens Point         | W, 3-2 | Oct. 16    | Augsburg                  | 3:00   |
| Sept. 10    | Luther                | W, 3-0 | Oct. 20    | Carleton                  | 7:30   |
| Sept. 11    | Simpson               | L, 3-1 | Oct. 22-23 | at La Crosse Invitational |        |
| Sept. 11    | Wartburg              | W, 3-0 | Oct. 22    | La Crosse                 | 3:30   |
| Sept. 14    | at Winona State       | W, 3-1 | Oct. 22    | Buena Vista               | 5:30   |
| Sept. 15    | at St. Kate's         | W, 3-0 | Oct. 23    | Loras                     | 10:00  |
| Sept. 22    | Hamline               | W, 3-0 | Oct. 23    | St. Olaf                  | Noon   |
| Sept. 24    | at St. Ben's          | W, 3-2 | Oct. 27    | Gustavus                  | 7:30   |
| Sept. 25    | at Concordia          | L, 3-0 | Nov. 2     | MIAC Championships        |        |
| Sept. 29    | St. Thomas            | L, 3-1 |            |                           |        |

# Augsburg Auggies

| No. | Name             | Yr. | Pos. | Ht.  | Hometown                   |
|-----|------------------|-----|------|------|----------------------------|
| 1   | Alexis Johnson   | Jr. | S    | 5-3  | Oakdale, Minn.             |
| 2   | Olivia Porter    | So. | MH   | 5-8  | Rochester, Minn.           |
| 3   | Britt Bogner     | Jr. | OH   | 5-10 | Burnsville, Minn.          |
| 4   | Kristina Lurken  | Fr. | OH   | 5-8  | Kenyon, Minn.              |
| 5   | Emma Sutton      | Fr. | OH   | 5-8  | Chicago, Ill.              |
| 6   | Katie LaGrave    | Fr. | MH   | 5-11 | Okinawa, Japan             |
| 7   | Courtney Isakson | Fr. | RS   | 5-10 | Northfield, Minn.          |
| 8   | Sarah Bradley    | Fr. | OH   | 5-7  | International Falls, Minn. |
| 9   | Megan Gilchrist  | Fr. | S    | 5-5  | Minneapolis, Minn.         |
| 11  | Kristy Larson    | Sr. | MH   | 5-11 | Pine Island, Minn.         |
| 13  | Linnea Evans     | Jr. | OH   | 5-10 | Kenyon, Minn.              |
| 15  | Tina Quick       | Fr. | L    | 5-7  | Blaine, Minn.              |
| 22  | Haley Bower      | Fr. | RS   | 5-6  | Brainerd, Minn.            |
| 24  | Billie Painschab | Jr. | MH   | 5-11 | Howard Lake, Minn.         |
| 33  | Kirstie Zitzow   | Jr. | RS   | 5-9  | Dover, Minn.               |

Head coach: Cathy Skinner (2nd year)

Assistants: Juley Viger, Nicole Gilmore, Eugene Popp

## Auggie Leaders

Overall Statistics  
Through Friday, Oct. 15, 2004

| #               | Player           | GP        | K          | K/Gm         | Pct.        | A          | SA         | Dig         | Blk        |
|-----------------|------------------|-----------|------------|--------------|-------------|------------|------------|-------------|------------|
| 4               | Kristina Lurken  | 15        | 7          | 0.47         | .312        | 1          | 10         | 30          | 0          |
| 24              | Billie Painschab | 63        | 191        | 3.03         | .265        | 0          | 0          | 11          | 51         |
| 11              | Kristy Larson    | 65        | 156        | 2.40         | .199        | 5          | 7          | 20          | 41         |
| 3               | Britt Bogner     | 19        | 24         | 1.26         | .188        | 3          | 15         | 38          | 3          |
| 5               | Katie LaGrave    | 31        | 37         | 1.19         | .179        | 5          | 7          | 13          | 13         |
| 8               | Sarah Bradley    | 63        | 145        | 2.30         | .160        | 3          | 30         | 213         | 21         |
| 13              | Linnea Evans     | 51        | 141        | 2.76         | .093        | 6          | 17         | 158         | 17         |
| 5               | Emma Sutton      | 31        | 21         | 0.68         | .044        | 2          | 7          | 53          | 3          |
| 33              | Kristie Zitzow   | 37        | 12         | 0.32         | .030        | 7          | 9          | 53          | 4          |
| 1               | Alexis Johnson   | 60        | 11         | 0.18         | .018        | 602        | 18         | 133         | 11         |
| 9               | Megan Gilchrist  | 6         | 0          | 0.00         | .000        | 14         | 1          | 2           | 0          |
| 7               | Courtney Isakson | 25        | 16         | 0.64         | -.013       | 2          | 11         | 30          | 1          |
| 22              | Haley Bower      | 41        | 12         | 0.29         | -.014       | 46         | 12         | 65          | 8          |
| 2               | Olivia Porter    | 8         | 7          | 0.88         | -.043       | 0          | 2          | 0           | 2          |
| 15              | Tina Quick       | 59        | 0          | 0.00         | -.167       | 2          | 15         | 185         | 0          |
| <b>Augsburg</b> |                  | <b>67</b> | <b>780</b> | <b>11.64</b> | <b>.152</b> | <b>698</b> | <b>161</b> | <b>1005</b> | <b>102</b> |

| Date        | Opponent              | Time   | Date     | Opponent        | Time   |
|-------------|-----------------------|--------|----------|-----------------|--------|
| Sept. 1     | Bethany Lutheran      | L, 3-0 | Sept. 22 | at St. Benedict | L, 3-0 |
| Sept. 3-4   | UW-Eau Claire Tourn.  |        | Sept. 24 | Carleton        | L, 3-0 |
| Sept. 3     | vs. UM-Morris         | W, 3-0 | Sept. 25 | at Macalester   | L, 3-0 |
| Sept. 3     | vs. Hamline           | W, 3-1 | Sept. 29 | at St. Olaf     | L, 3-0 |
| Sept. 4     | vs. St. Catherine     | W, 3-2 | Oct. 6   | Hamline         | W, 3-1 |
| Sept. 4     | vs. Eau Claire        | L, 3-1 | Oct. 8   | North Central   | W, 3-0 |
| Sept. 10-11 | Augsburg Invitational |        | Oct. 13  | Gustavus        | L, 3-0 |
| Sept. 10    | vs. St. Scholastica   | L, 3-1 | Oct. 15  | at St. Kate's   | L, 3-2 |
| Sept. 10    | vs. UW-Stout          | L, 3-0 | Oct. 16  | at Saint Mary's | 3:00   |
| Sept. 11    | vs. St. Olaf          | L, 3-1 | Oct. 20  | Bethel          | 7:30   |
| Sept. 11    | vs. Northland         | W, 3-0 | Oct. 23  | Martin Luther   | 5:00   |
| Sept. 15    | Concordia             | L, 3-0 | Oct. 27  | St. Thomas      | 7:30   |
| Sept. 17-18 | at Northland Tourn.   |        |          |                 |        |
| Sept. 17    | vs. Northland         | W, 3-0 |          |                 |        |
| Sept. 18    | vs. Mount Mary        | W, 3-0 |          |                 |        |
| Sept. 18    | vs. Finlandia         | W, 3-0 |          |                 |        |